

New Jersey
Shore Life
Magazine™

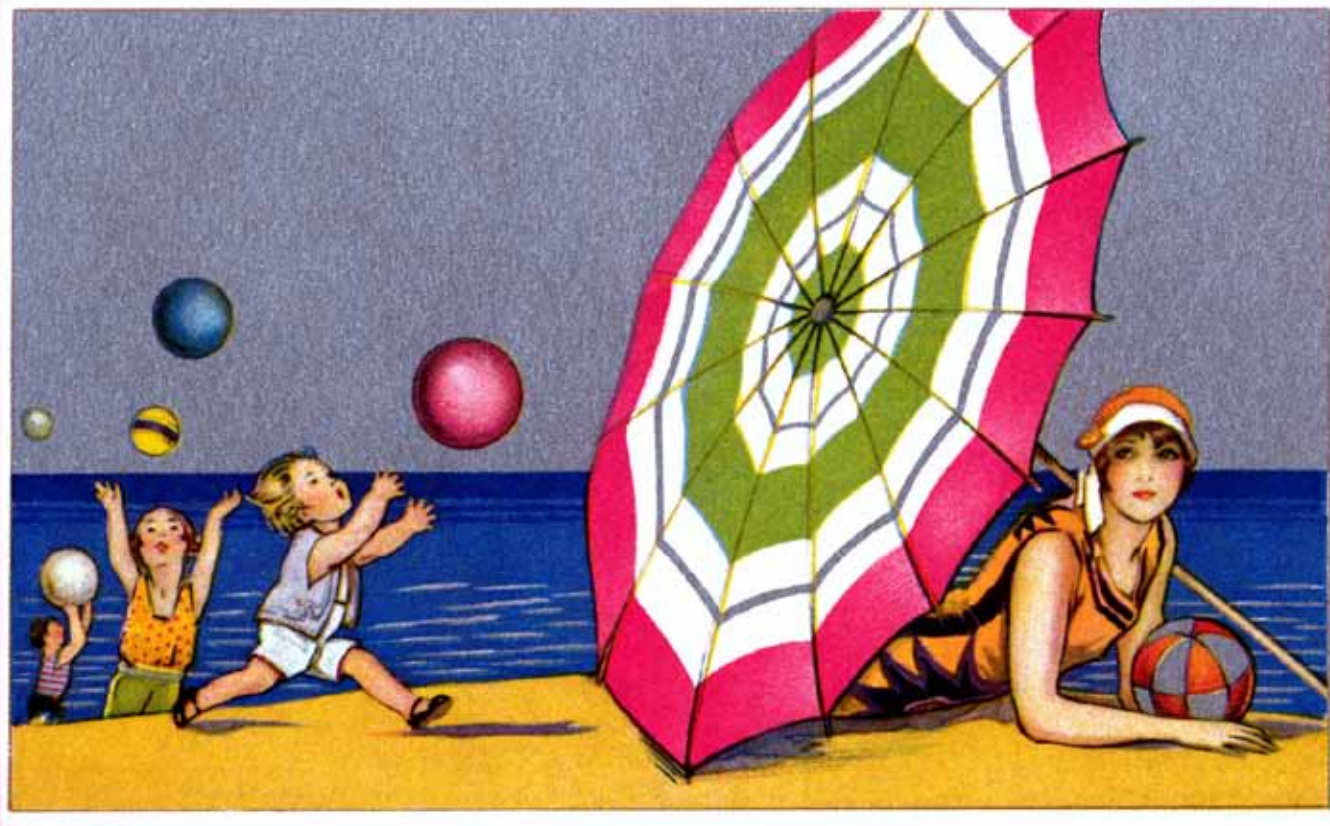


COASTAL PEOPLE, PLACES AND THINGS
Endless Summer 2011



c o n t e n t s

Shore Life Magazine - An earth-friendly magazine for the Jersey Shore • Endless Summer 2011



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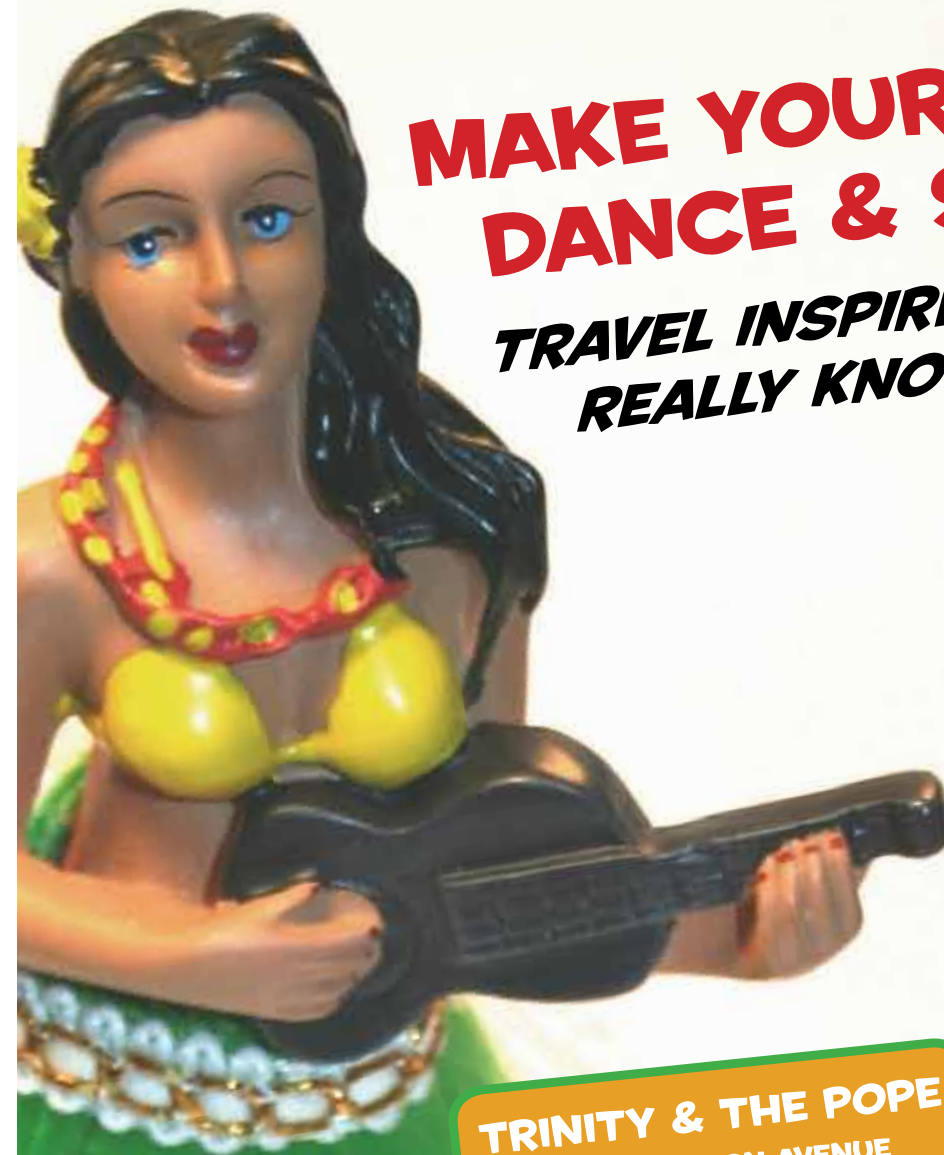


Shore Life
+ planet

If you love the Jersey Shore and the sand, wind, waves and sea turtles that make it all that much more magical ... then you're not alone. For so many people, every visit to our coastline is cherished until their next shore migration. At New Jersey Shore Life magazine, it is our mission to keep the shore spirit alive along with being good stewards — and encouraging others — of the land, air, water and wildlife around us! • Scott LeMatty cover photo

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Beachcoming

Baby Sea Turtle Charm Bracelet

By Roland St. John. Features highly detailed Baby Sea Turtles with beautiful Caribbean colored ceramic beads from the Mykonos. Also accented with metal and glass beads and sterling clasp. Strung on durable 49 strand stainless steel and nylon coated cable wire. Approximately 7" long. The bracelet is included with a \$25 donation to: www.seaturtles.org.



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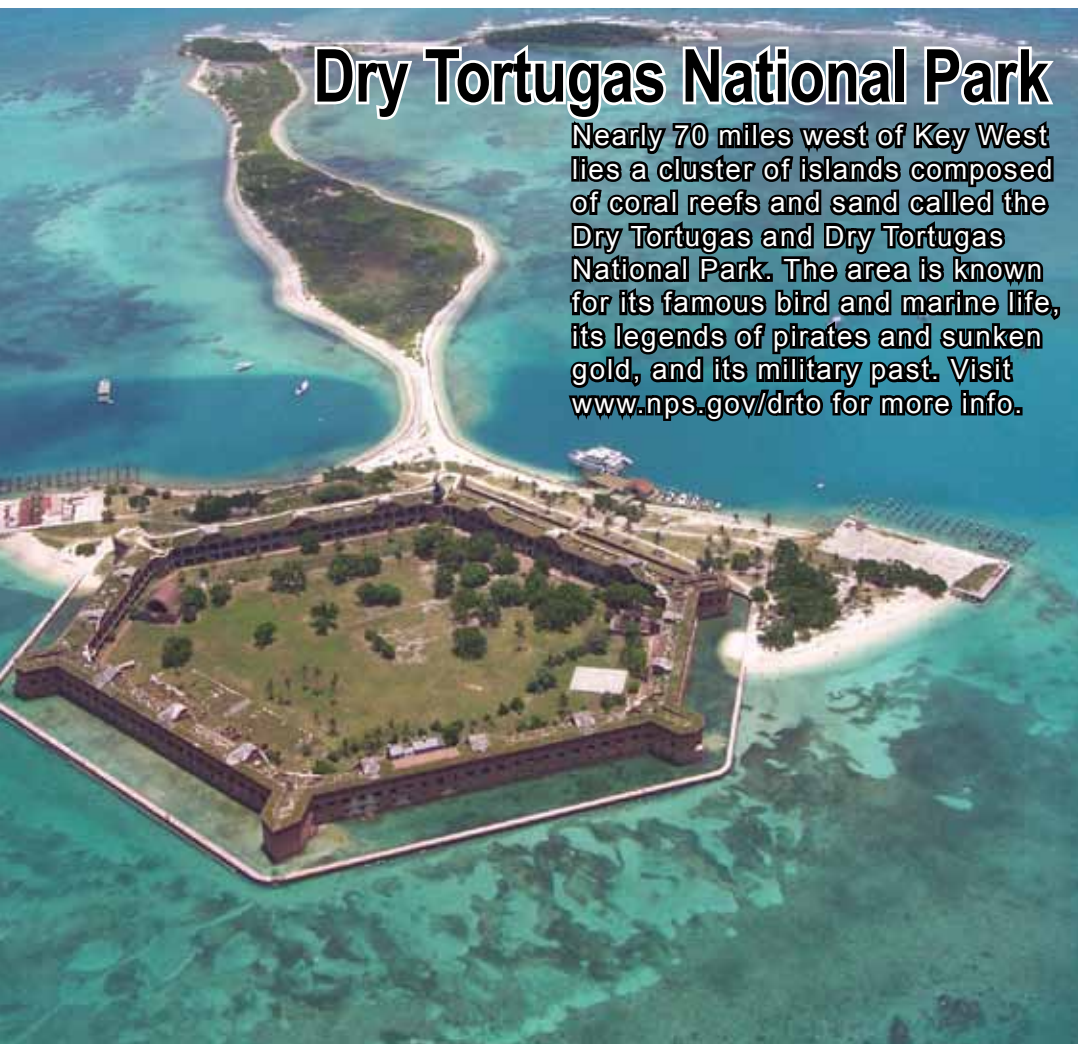
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Dry Tortugas National Park

Nearly 70 miles west of Key West lies a cluster of islands composed of coral reefs and sand called the Dry Tortugas and Dry Tortugas National Park. The area is known for its famous bird and marine life, its legends of pirates and sunken gold, and its military past. Visit www.nps.gov/drto for more info.

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Treasure coins are great fun to own. Treasure, history and adventure all worn around your neck. This particular coin is possibly from a treasure ship bound for Spain and captured by the British. This Spanish colonial cob dates from 1741, as it contains two date marks. It was minted in Bolivia and is a 2Reale coin. It has the assayer's mark "P," which refers to Diago Del Pui. Many of these coins were used as regular currency right up to the early 1800s. This coin is mounted in a handmade 14K gold frame and is for sale...\$695. Find this coin and other treasure at Belmar Jewelers, 1006 Main Street, Belmar, NJ, 732-280-7777.



Natural Insect Repellent

Natural Insect Repellent that is safe and effective against all kinds of insects. Sold at local Shangri La Farm in Howell, NJ or online at shangrilafarmllc.com. Found it to be very effective against pesky flies, mosquitos and knats. It is not greasy and feels very refreshing on the skin. It is a combination of essential oils in a water base. It needs to be applied more often than DEET based repellents but it is easy and refreshing to use. The ingredients are water, saponified organic coconut and olive oils(with retained Glycerin) organic hemp oil, organic jojoba oil, organic peppermint oil, ninta avensis, citric acid, Vitemin E, Citronella Java Oil, Eucalyptus oil, patchouli oil, tea tree oil, and clove bud oil. Also sells at Whole Foods Middletown. For more info, contact 732-901-8777, or email: elaine@shangrilafarmllc.com.

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Amy Milnes photo

The Fosters Belmar Pro Surf Contest in Belmar, Sept. 15-18, 2011, ... is more than just a surf contest! Surfers and fans alike come back to the 18th Ave. Beach on the same weekend each year because they know of Belmar's welcoming reputation. They know that each year the town opens its doors for parades, the AVP Volleyball Tournament, the famous Belmar Seafood Festival, and this annual surf event. Traveling pros recognize that this contest has a great history of waves. In the past, they've come from Central America, Australia, Brazil, Puerto Rico, Europe, South Africa, and all over the US. It's not every day that you get to meet your surfing heroes, but the Fosters Belmar Pro is a time when the sport's marquis athletes are right there to watch, meet, and get an autograph from. In the past, that has included Shea Lopez, Ben Bourgeois, the Guduaskas brothers, Aaron Cormican, Bryan Hewitson, Timmy Reyes, Shaun Cansdel, and Brian Toth. Thousands of families from all over the state come down to catch professional athletes in action. It's a chance for young East Coast upstarts and New Jersey pro surfers to shine. In addition to the Belmar Pro, the weekend also features a Womens Pro, Longboard Pro, and the ASP-sanctioned Fins Pro Junior. Surf to: Belmarpro.com

Bob Wille Coastal Art

Bob Wille was given a Jon Gnagy art kit when he was 9 years old and he has been painting ever since. Privately, Bob studied with New York artists Fred Sklenar, Arthur Ludov, and Leon Tadrick. He received his formal art education at the New York High School of Art and Design and Pratt Institute. He works in many mediums, but prefers painting in oils. Recently, he discovered the historical Compton Creek fishing area and has been inspired to depict many scenes he found interesting on to canvas. He still likes to experiment though and is currently working on an abstract metal sculpture made of nails. Over the years, his paintings have been exhibited in many galleries and shows in New York and New Jersey. He has been pleased when many of his landscapes and seascapes have been awarded *Best in Show*. Most recently, Bob has had solo exhibitions at several Monmouth County libraries and the Monmouth Beach Cultural Center. He was able to exhibit two new series of oil paintings. One, a series of seascapes at Compton Creek and the other landscapes from the Deer Valley area of Utah. This exhibition explores Wille's creative process through the medium of oils. Contact Bob Wille directly at 732-495-6721 for more info, or visit Bobwillepaintings.com.



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LBI Skimboarder - PeteMilnes.com



Dogs of Summer, Deal, N.J. Pete Milnes Photo - PeteMilnes.com



**Smoke On The Water ...
Fire In The Sky!**

Pg. 10, NJ Shore Life

Denise LeMatty photo

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Up-Cycle Art

Shore Artist recycles Clothing And Prints On It

Up-cycling — it's a fun-sounding word and it's good for the earth. Just ask Molly Gaston Johnson, a shore artist who up-cycles on just about anything she can get her hands on. "Up-cycling is an idea that is part of the current zeitgeist, and it is a good one!" said Molly. "I use it to describe some of what I do when I print textiles — rather than me searching for styles that people will like, I much prefer for people to bring items to me that they have treasured or that fit well, but are maybe tired looking or stained."

The beauty of Molly's print making is that she can make a design in one format — such as a woodblock or silk screen — and it can be printed on another, such as an article of clothing. "Why throw away a perfectly good set of drapes when they could easily be personalized and made new again by letting me print on them! That is what up-cycling is all about for me. I also like the positive sound of it. So much news out there is heavy and sad. Up-cycling is a great idea with a positive name. I think it is something that people need — to be raised up!"

Molly loves print-making — from conjuring up the image on a block, plate, page or screen, to printing it on paper or cloth, she loves the whole process in all its forms and the way it informs her art making. "My process of making images is always to begin with something to say; to then brainstorm ways to say it openly, honestly and without judge-

ment; and finally to print it or 'package it' in a way that brings me joy. Once I send my images out to the world, others make of them what they will. I certainly hope that the things I make are well received, but all I can control is how I respond to them. I am grateful to do something that I have loved all my life, and I am even more grateful when it brings others joy."

If you are strolling around Asbury Park you can see some of Molly's creations in the form of clothes, table tops (at Langosta Lounge and Twisted Tree Cafe), and is currently working on several fun projects at Johnny Mac's House of Spirits. "I am also working on a mural project with kids from Asbury Park through a grant from the United Way and Prevention First. Look to see our traveling mural, "Dreaming of a Better Community," (we are painting it on bed sheets to carry the metaphor of dreams, to bring out the concept of airing your laundry, and to make it easily transportable for multiple venues) at the end of the summer — it will be beautiful!"

People can view Molly's art on her website: Gomollymae.com, at her studio, Social Animal Press in Ocean Grove, and at art shows in Redbank, Asbury Park and surrounding towns. To purchase her art or commission a piece, such as a tabletop, print or clothing, give Molly a call at 908-675-1746. — *Pete Milnes* •



	
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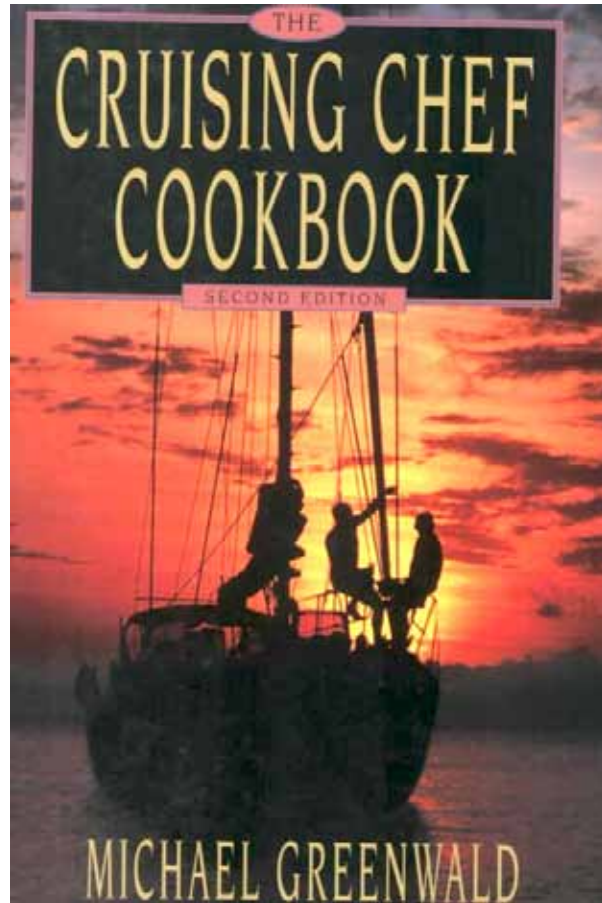


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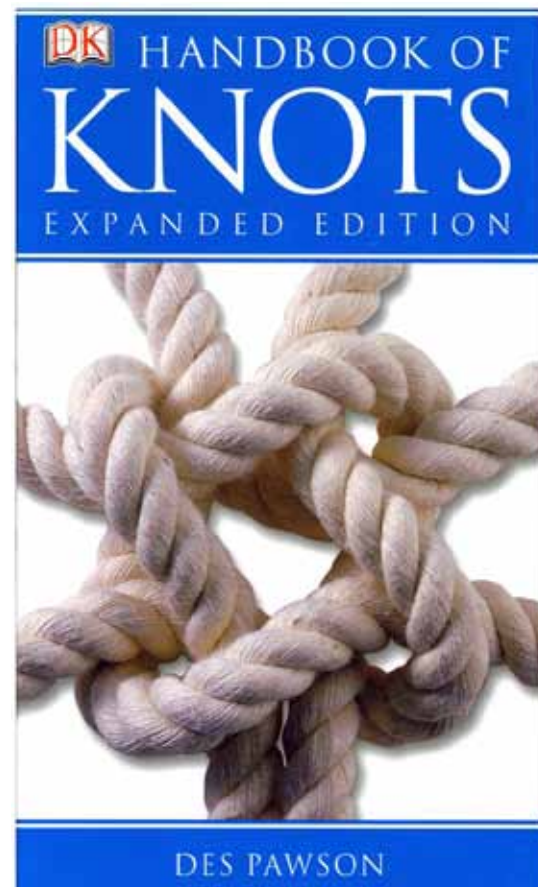
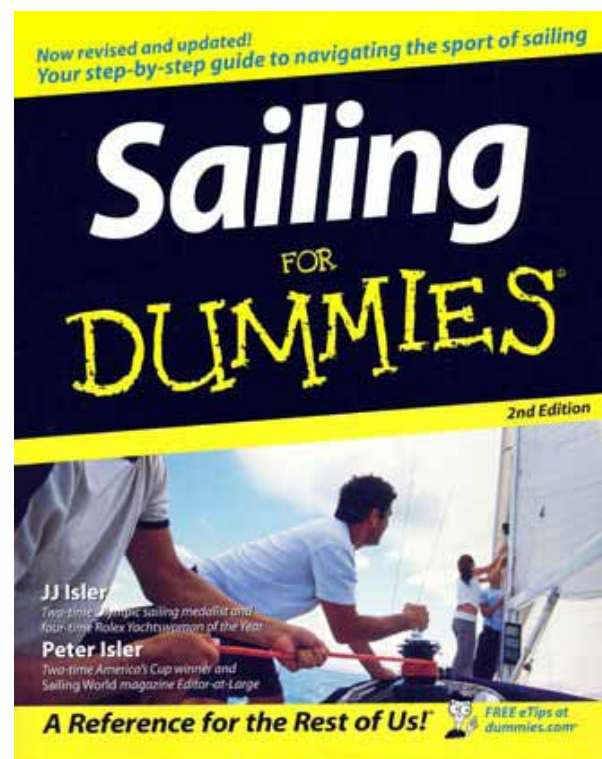
Sailing For Dummies

A fine volume of instruction for not only learning to sail, but for choosing the right boat, equipment and selecting the best chartering locations. Excellent illustrations and encouraging, I-can-do-it text. By JJ Isler & Peter Isler

Cruising Chef Cookbook

The Cruising Chef Cookbook is the bestselling, most extensive sailors' cookbook ever written. Twenty-two years in print and ten reprints make it clear that sailors consider it essential equipment. It is actually a book of nautical wisdom in the guise of a cookbook. It contains hundreds of tips plus more than 300 delicious recipes. Includes an extensive discussion of preparing for a voyage and resupplying in native markets. "Special Cooking Techniques" describes pressure cooking, stir frying and grilling, particularly useful techniques for the galley chef. Greenwald's salty humor is found throughout the book. His vignette, "Planning for the Big Eater" is a delight. "Fishing" is a sidesplitting description of his idea of sport fishing. By Michael Greenwald

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Little Egg Harbor Yacht Club on LBI. Pete Milnes Photo - PeteMilnes.com

Feelin' Yachty

“My first boat was a used 20-foot twin outboard cabin cruiser, which I prophetically called the *Liki Tiki*. (Liki, pronounced as, “leaky,” an apt description of my craft). I don’t think it would have qualified for the description of a yacht.

In New Jersey we have almost 100 yacht clubs scattered along our bays and rivers. Many passionate sailors enjoy membership with kindred spirits who share the excitement of boating. These clubs can be located in waterways surrounded by the concrete canyon’s of New York City, the casinos of Atlantic City, the slow backwaters of the Rahway River, Raritan Bay, all the way down the Jersey shore, as well as south to quiet sanctuaries in Cape May. To the west, the Delaware River completes the waterways that almost surround our entire state — a sailor’s paradise.

To some individuals unfamiliar with the lure of boating, the



Gordon LeMatty and his son at the helm.

term yacht club conjures up images of gargantuan opulent yachts purchased by wealthy owners. This is not true. Some of the boats are hand built by members. Most of the watercrafts are meticulously and lovingly cared for by owners who understand the need for reliability, safety, and a keen understanding of the rules of the road. The friendly camaraderie and sharing of information is a major component of the boating lifestyle.

Yachtsmen teach the skills that bring so much pleasure to the fraternity. Many yacht clubs sponsor sailing and boating lessons for children and adults, as well as promoting safety, teaching the rules of the road, etc. Yes there are often formal events, dinner dances, a commodore’s ball perhaps, but the binding knot is the love of boating and sailing, and enjoying the abundant waterways of New Jersey and other nautical venues. — **Gordon LeMatty** •

Yacht Clubs of New Jersey

Some yacht club memberships are open to the public, some are private and have waiting lists.

Google a club if you are interested in joining for the sailing, boating or recreation.

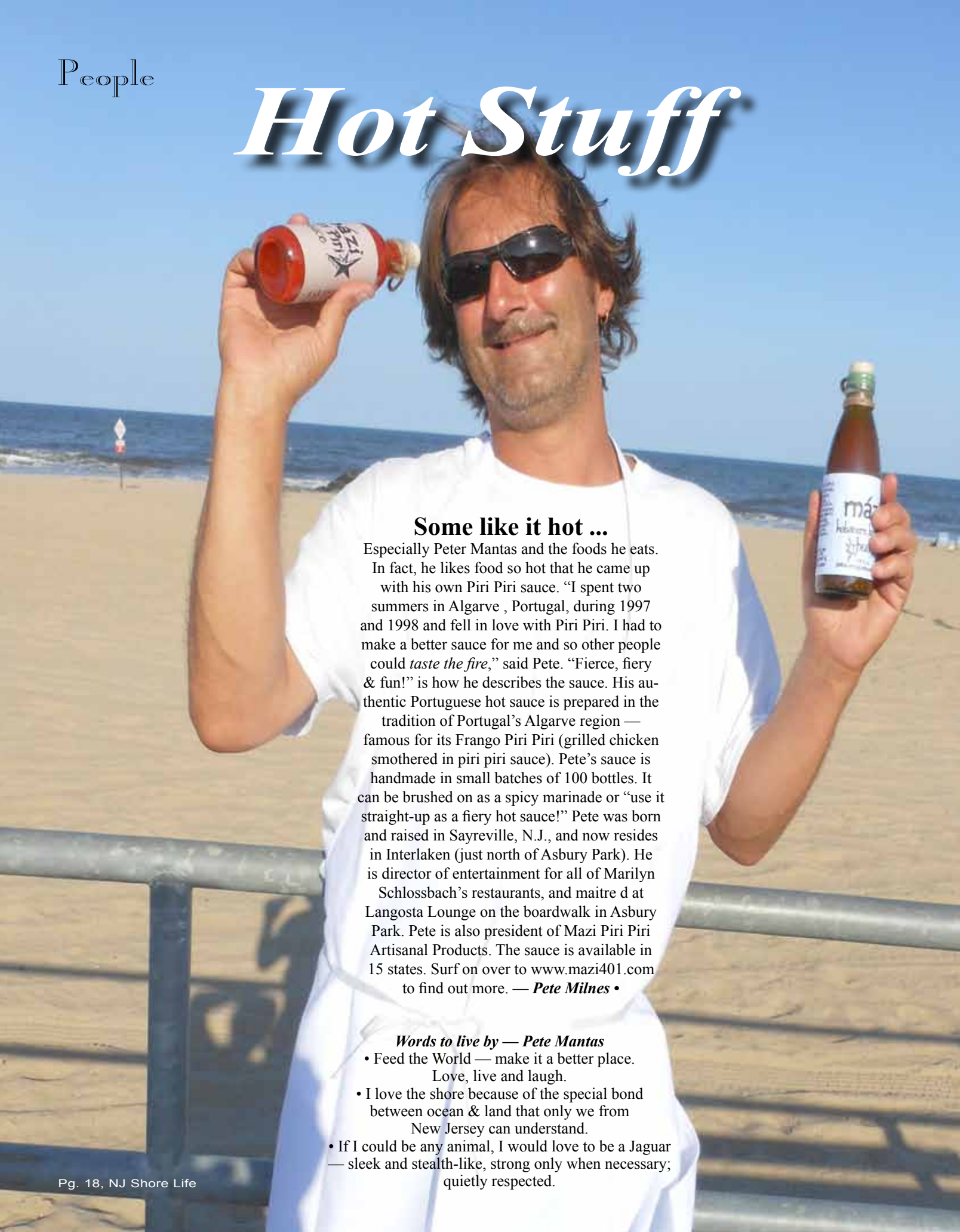
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| Absecon Yacht Club | Red Dragon Canoe Club | South River Boat Club |
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Hot Stuff



Some like it hot ...

Especially Peter Mantas and the foods he eats. In fact, he likes food so hot that he came up with his own Piri Piri sauce. "I spent two summers in Algarve, Portugal, during 1997 and 1998 and fell in love with Piri Piri. I had to make a better sauce for me and so other people could *taste the fire*," said Pete. "Fierce, fiery & fun!" is how he describes the sauce. His authentic Portuguese hot sauce is prepared in the tradition of Portugal's Algarve region — famous for its Frango Piri Piri (grilled chicken smothered in piri piri sauce). Pete's sauce is handmade in small batches of 100 bottles. It can be brushed on as a spicy marinade or "use it straight-up as a fiery hot sauce!" Pete was born and raised in Sayreville, N.J., and now resides in Interlaken (just north of Asbury Park). He is director of entertainment for all of Marilyn Schlossbach's restaurants, and maitre d at Langosta Lounge on the boardwalk in Asbury Park. Pete is also president of Mazi Piri Piri Artisanal Products. The sauce is available in 15 states. Surf on over to www.mazi401.com to find out more. — **Pete Milnes** •

Words to live by — Pete Mantas

- Feed the World — make it a better place. Love, live and laugh.
- I love the shore because of the special bond between ocean & land that only we from New Jersey can understand.
- If I could be any animal, I would love to be a Jaguar — sleek and stealth-like, strong only when necessary; quietly respected.



GreenLines

Locally Made Board Short Company On The Move

Greenlines, an eco-friendly local board short company, is making waves. Founded by brothers Sam and Jerry Delaney, the two felt there was a need in the market for a pair of board shorts with a classic cut and style. "All of the local surf shops that we went to were mostly carrying very long shorts that were not our style," said Sam. "We were looking to make the most durable pair of board shorts while making the least possible impact on the environment."

What's different about the Atlantic Highlands-based company is their beach shorts are made from a super soft 100 percent recycled polyester and are focused on more of a classic cut and style to fall at or slightly above a person's knee. They also offer a sweet color palate that distinguishes them from other shorts. Some of the colors include Bahia Green, Bay Head Blue, Montauk Blue, and Stinson Red. Greenlines makes board shorts for men, women and kids — along with t-shirts.

Not only are the board shorts eco-friendly, Greenlines pledges to donate a portion of their profits to preserve the local beaches and marine life. "We love the beach and everything it has to offer, from surfing with friends and family, to building sand castles with our kids," said Sam. "There is something

special about the beach that puts everyone at ease while offering the excitement of riding waves, finding a perfect shell or a clean soft playing ground for sports. We want to do our part to ensure that future generations enjoy the same activities on the same favorite beaches as their preceding generations. One of my favorite things about the ocean is that it is always changing. One day it can be huge and stormy and the next day it can be clean with off shore winds. Being around the ocean is very inspiring."

You can buy Greenlines products at Lightly Salted Surf Shop on the boardwalk in Asbury Park (where Greenlines also did collaboration board shorts with surf shop owner Scott Szegeski), Beach House Surf Shop in Bay Head, Easternlines Surf Shop in Belmar, and Brave New World. They are also selling in shops all along the East Coast from Maine to Florida, surf shops in Southern California, Japan, the Bahamas and throughout the Caribbean Islands. "We get orders through our website www.greenlines.com from all over the world including Europe, Australia, Asia — it is pretty cool!" *Contact Sam at www.greenlines.com, or email sam@greenlines.com for more information.* — **Pete Milnes text, Greenlines photo** •

Coast Guard



A Coast Guard Station Sandy Hook 47-foot Motor Lifeboat (which is able to completely roll upside down in heavy surf) practices basket hoists with a Coast Guard Station Atlantic City Dolphin helicopter. Pete Milnes Photo - PeteMilnes.com

Basket Hoist

When things go bad at sea or on waterways, the sight of a U.S. Coast Guard helicopter or rescue boat will lift a person's spirit — literally — as they know that their chance of survival just took a turn for the better.

Being in the Coast Guard for nearly 15 years with many successful search and rescues under my belt, I can tell you that a basket hoist to a waiting Coast Guard helicopter is the quickest way to get a person to safety. Yes, it can be quite a traumatic experience being hoisted during a raging storm, with near zero visibility and driving rain. But once safely aboard the helicopter, the sight of a Coast Guard air crew can be heartwarming. Besides the basket hoist there is also a sling hoist where a Coast Guard rescue swimmer bear-hugs the victim and both are lifted to safety. The sling hoist is used when there is no stable platform or rescue boat to lift from. Usually a person enters a sling hoist from the water. — *Pete Milnes, former Coast Guardsman* •

On an Average Day, the Coast Guard...

- Saves 12 lives
- Responds to 64 search & rescue cases
- Keeps 842 pounds of cocaine off the streets
- Services 116 buoys & fixes 24 discrepancies
- Screens 720 commercial vessels & 183,000 crew & passengers
- Issues 173 credentials to merchant mariners
- Investigates 13 marine accidents
- Inspects 68 containers
- Inspects 29 vessels for compliance with air emissions standards
- Performs 28 safety & environmental examinations of foreign vessels
- Boards 13 fishing boats to ensure compliance with fisheries laws
- Responds and investigates 10 pollution incidents

— www.USCG.mil

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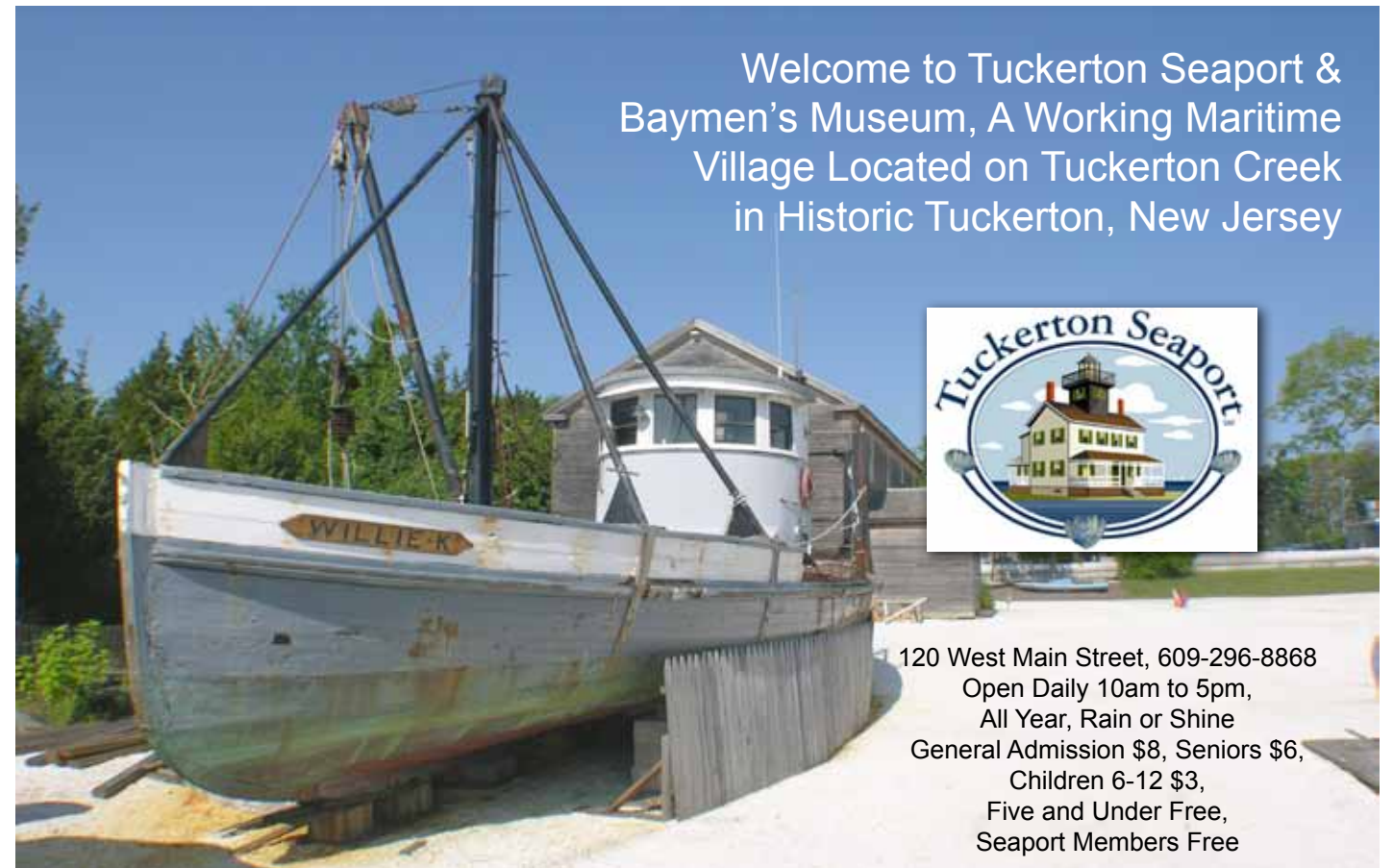


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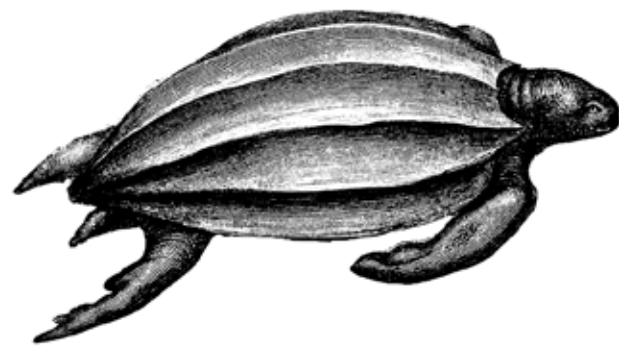
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Marine Mammal Stranding Center

The Marine Mammal Stranding Center, a private, non-profit organization, started in 1978 with a handful of volunteers and a C.E.T.A. grant, was founded, and is still directed by Robert Schoelkopf. He and his wife, Sheila Dean, along with a small paid staff and volunteers with a wide variety of talents and professional backgrounds, continue to work with the animals. Originally based in Gardner's Basin in the inlet section of Atlantic City, the Center is now located on the barrier island of Brigantine, which borders coastal New Jersey's largest wildlife refuge. To join, become a stranding volunteer, or to find out more about visiting the center, contact 609-266-0538; or surf on over to www.marinemammalstrandingcenter.org. *All sea turtle text courtesy of Marine Mammal Stranding Center.*

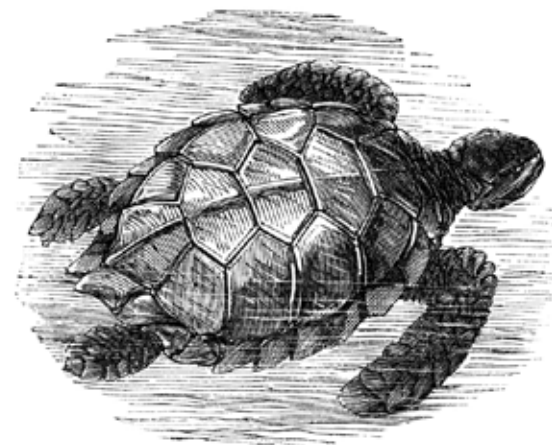
Sea Turtles Global Voyagers



Leatherback Turtle (*Dermochelys coriacea*)

Can reach from 700 to 1600 pounds. Its carapace ranges in size from 47 to 96 inches long. This species is easily distinguished from all other sea turtles. It has a smooth, scaleless black skin on its back. Seven narrow ridges extend down the length of this carapace. Leatherbacks are thought to be primarily a pelagic species. However, some individuals will venture into shallow waters from time to time. Their distribution is worldwide.

This species has an extraordinary swimming ability. Their nesting behavior is similar to that of other sea turtles (selecting a suitable site, egg chamber excavation, oviposition, and nest filling). Traces of jellyfish, plants, and animals have been found in the stomachs of Leatherbacks.



Green Turtle (*Chelonia mydas*)

The Green Turtle ranges from Massachusetts to Argentina. In the United States, nests have been found in the Virgin Islands, Puerto Rico, and along the east coast of Florida. This species occupies three habitats: high-energy oceanic beaches, pelagic waters, and shallow feeding grounds in protected waters. Females deposit eggs on the high-energy beaches. Hatchlings leave the beaches and head for the open ocean. Once the turtle's carapace has reached the length of approximately 20-25 cm, it will leave the pelagic waters and move to the feeding grounds and protected waters. Their diet primarily consists of marine grasses. Sometimes, they will feed on jellyfish, mollusks or crustaceans. This species has a carapace color of brown to olive.

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Pete Milnes Photo - PeteMilnes.com

Edible Gardens

Marilyn Schlossbach Invites Community To Participate In Gardening, Sustainability

Jersey Shore restaurateur and community advocate Marilyn Scholssbach is using her culinary venues to help educate the community on gardening and sustainability. “Since the beginning of my culinary career, I have always tried to either grow my own, or source ingredients from local farmers, fisherman and New Jersey purveyors,” said Marilyn. “I think the idea for an edible garden, which started years ago, is just a natural progression of being an eco-minded chef who is constantly in search of fresh flavor. Why ship something 200 miles if you can get the freshest flavor from your own backyard?”

The 26-year veteran of the restaurant industry is utilizing a newly planted edible garden at the Dauphin Grille in Asbury Park, as well as an existing garden at Pop’s Garage in Shrewsbury, a newly opened authentic Mexican cocina, to offer hands-on gardening programs for local youth. Schlossbach’s ocean-front venue in Asbury Park, Langosta Lounge, has also added an

edible garden to its boardwalk dining area.

Are the gardens all organic? Not quite, but equally as good for your body and the environment. “An organic certification is a long-term process,” said Marilyn. “Newly cultivated this summer, our program maintains chemical- and pesticide-free gardens and looks to maintain a sustainable program that meets environmental and nutritional standards.” Marilyn called on the expertise and talents of Wendy Weiner, of the The Front Yard Farmer in Little Silver, to start the gardens at her Asbury venues.

Marilyn currently owns six restaurants on the Jersey Shore and heads Kitschens Catering along with an eco-friendly juice bar. She is a self-taught chef and restaurateur who endeavors to enrich the lives of others with inventive dishes, eclectic eateries, charitable organizations and grassroots community outreach. For more information on Marilyn Schlossbach and her restaurants surf on over to Kitschens.com. — **Pete Milnes •**



Whiskerlicious Treats for Bow Wows & Meows

Whiskerlicious founder Kitty Dennerly is a avid proponent of sustainable farming, local and regional food systems, heritage recipes and food preservation. She has long been a educated voice in the movement to honor local, pure, simple, and delicious cooking. As a professional chef and advocate for a more healthful, organic food future, she has built on those values, becoming a catalyst for change and secure food systems.

“We use only the highest quality ingredients to make tasty treats and fun toys for our furry, whiskered companions — sourced from local, sustainable family farms — prepared in a real kitchen, with human hands, for bow wows and meows,” states Kitty.

For Kitty, it’s about doing the right thing — for our animals, for the farmers that grow their food, for the communities we live in, and for the environment.

Coming up with healthy dog treats is easy since that they eat just about anything. Making and baking treats for cats is tricky in that they are very particular about what they eat. Finicky is a good word. “We generally custom make our cat treats, based on what their human tells us that they like,” states Kitty. It makes for a happier cat, a less stressed human, and no wasted food. During the growing season, at the farmer’s markets, we are more than happy to bring samples for you to bring home to your cat.

While many of the products we carry are prepared to your specific cat or dog’s dietary/physical requirements, some items are generally available all the time.

Facebook Wiskerlicious for updates on which farmer’s markets they will be at and other news.



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Oh To Be A Pirate

Life aboard a sailing ship was anything but comfortable. Seamen lived in cramped and filthy quarters. Rats gnawed through anything, including a ship's hull. Food spoiled or became infested and fresh water turned foul. One staple of most ships was hard tack, which seaman often ate in the dark to avoid seeing the weevils that infested the square biscuits. To soften hard tack and make it more palatable, cooks might soak and boil them in rum and brown sugar to create a porridge-like mixture.

Pirates restocked their food supplies by stealing from other ships' stores. In the Caribbean, they also caught turtle for fresh meat. Sea turtles were easily snared on land and were kept alive in the ship's hold until needed. Their soft-shelled eggs were a popular delicacy. Pirates' recountings of their adventures also mention fishing for dolphins, albacore tuna, and other varieties of fish. One popular dish was salmagundi or "Solomon Grundy." Similar to a chef salad, it contained marinated bits of fish, turtle, and meat combined with herbs, palm hearts, spiced wine, and oil. This concoction was then served with hard-boiled eggs, pickled onions, cabbage, grapes, and olives. Pirates also ate yams, plantains, pineapples, papayas, and other fruits and vegetables indigenous to the tropics.

They drank bombo or bumboo, a mixture of rum, water, sugar, and nutmeg. Rumfustian was another popular drink that blended raw eggs with sugar, sherry, gin, and beer. Pirates also enjoyed beer, sherry, brandy, and port.

When food was scarce, they resorted to more desperate measures to stay alive. Charlotte de Berry's crew ran out of food and purportedly ate two slaves and her husband to sustain them. In 1670, Sir Henry Morgan's crew ate their leather satchels. They recommended cutting the leather into strips. After soaking these, they tenderized them by beating and rubbing the leather with stones. They scraped off the hair, then roasted or grilled the strips before cutting them into bite-size pieces. The recipe suggested serving them with a lot of water.

Among artifacts uncovered in shipwrecks, pirate havens, and other areas frequented by pirates, archeologists have found glass wine and brandy bottles, earthenware beer bottles, pewter plates and tankards, and silverware, especially knives and spoons. Forks were a symbol of wealth and the few found may have been part of pirate treasure. Pirates, however, preferred to eat with their fingers.

Some pirate ships had galleys and some, like Captain Kidd Adventure Galley, had none. Instead, food was cooked in a cauldron with a brick hearth that operated only during periods of calm weather. It was located far from the magazine to prevent possible igniting of the gunpowder. Between the excitement of sighting sail and weathering dangerous storms, pirates followed the same dull routine that numbed seamen's minds. Much of their time was occupied with the care and maintenance of their ships. They patched sails using pickers (used to make small holes in canvas), seam

rubbers, needles, and sailmaker's palms (provided protection for the hand). They spliced ropes with a fid. To keep the ship watertight, they hacked old oakum from seams using a jerry iron, drove new oakum into the seams with a caulking iron, and then ladled hot pitch into the seams to seal them tight. Sometimes they sought the shelter of hidden coves to careen their ships to remove the worms that bored tiny holes in the hull and to scrap off barnacles that slowed the ship.

Pirates relaxed like other seamen. They played cards or rolled dice, although most articles of agreement forbade gambling on board ships to prevent arguments that divided the crew or proved fatal to one or more participants. At sea they chewed tobacco rather than smoked because of the ever-present threat of fire, a serious fear aboard wooden ships. They carved, sang, and danced jigs. When ashore, pirates squandered their booty on drink, women, and games of chance. They smoked clay pipes. Tavern keepers served them beer and wine in black jacks, leather tankards coated with pitch, or pewter tankards.

One popular pastime amongst pirates was the mock trial. Each man played a part be it jailer, lawyer, judge, juror, or hangman. This sham court arrested, tried, convicted, and "carried out" the sentence to the amusement of all.

No matter where they sailed, pirates frequented friendly ports. One of the most infamous was Port Royal. God-fearing people thought it the most wicked of cities and believed that the earthquake that brought about its destruction in 1692 was payment for its sinfulness and debauchery. Tortuga and Madagascar also welcomed pirates.

Ashore, some pirates emulated gentleman merchants by wearing knee breeches, stockings, embroidered waistcoats, lace-trimmed shirts, long coats, and shoes with silver buckles and high heels. A few wore powdered wigs or ornate jewelry. They acquired these brightly colored garments as shares of booty taken from captured ships. Some pirates dressed like gentlemen when facing their own executions by hanging: velvet jackets, taffeta breeches, silk shirts and hose, and felt tricorns. One of the best dressed pirates was Black Bart who 'dressed in a rich crimson damask waistcoat and

breeches, a red feather in his hat, a gold chain round his neck, with a diamond cross hanging to it.' (Captain Johnson, A General History of the Pyrates.)

While at sea, they usually wore one outfit until the garments were no better than rags. Seamen favored fearnoughts (short jackets of heavy blue or gray cloth) or canvas coats (in foul weather), red or blue waistcoats, plain or checked shirts (often blue and white), and petticoat breeches (canvas trousers cut a few inches above one's ankles). These were often coated with tar to make them waterproof and to deflect sword thrusts. Shoes were worn on shore, but rarely aboard a ship. To protect themselves from the hot sun, they wore knotted scarves, tricorne hats, or various styles of caps. The Ilanun of Borneo, the most feared pirates in the waters around Southeast Asia during the mid 1800s, wore sarongs and embroidered belts.

Most men who chose to go to sea did so at a young age. Life at sea required stamina and dexterity that older men no longer possessed. Seamen hauled on wet ropes during the day and at night. Aloft, they handled heavy sails in calm or stormy weather. They manned pumps for hours on end. Their damp and dark quarters smelled of bilgewater, tar, and unwashed bodies as well as the assorted livestock that provided them with fresh meat. They spent weeks, months, and sometimes years at sea far from home. They weathered storms, attempted to steer clear of uncharted shoals, and worried about having sufficient food and water until they made their next port. Some who crewed naval vessels did so against their wishes. A common practice, especially in Britain, was to fill crews short-handed from chronic desertion or insufficient skilled seamen by pressing landmen into service. While in port, these men were shackled to prevent their escape. Seamen, whether pressed or not, found life aboard ships of the Royal Navy deplorable. Wages were low. Corruption impacted the quantity and quality of food served them. Mistakes or infractions were countered with violent discipline. Poor ventilation and cramped quarters insured that epidemics swept through the crew, killing many.

If such was the life endured by seamen, why did they risk their lives further by turning pirate? Until 1856 when most countries signed the Declaration of Paris, governments supplemented their navies by issuing letters of marque. With these documents captains and their crews "legally" plundered enemy shipping. The profits realized by such ventures encouraged others to become privateers. The problem was that when the war ended, those same governments had no use for the privateers who often found themselves unemployed. Piracy offered them a choice between starvation, begging, or thievery and possible riches beyond their wildest dreams, which outweighed the threat of execution if caught and a short life-expectancy rate.

Another aspect to the financial rewards was that pirates owned a share of the spoils they captured. Privateers turned over their booty to the governments that licensed them. Although they received a share after the goods were sold, that money was either a long time in coming or a paltry amount when compared to the risk taken. Treasure – Latin American gold, Bolivian silver, and Asian silks, spices, and gold – lured many to turn pirate.

Some saw piracy as a means of escaping the grueling work

and terrible conditions that seamen endured. In addition to the filth, cramped quarters, and insufficient or spoiled food and fresh water, dampness permeated their lives. Each new port exposed them to new diseases that often swept through the crew because they ate, slept, and worked in close quarters. Disease – including scurvy, dysentery, tuberculosis, typhus, and smallpox – killed half of all seamen.

Other men wished to escape the cruelties inflicted on them for minor and major infractions. Piracy promised them a better way of life, the chance to make their fortunes, and the opportunity to leave the drudgery of life on land. As pirates all men were equal. No longer did one man outrank another. The crews chose their captains, and signed articles of agreement to insure that everyone earned a share of any prize taken. Such freedom was unavailable to men who remained on the right side of the law.

In some parts of the world, though, people became pirates out of economic necessity. Fishing and boating were their means of livelihood. If the fishing dried up, they needed to find another way to earn enough money to live and so resorted to smuggling and/or piracy. This has been true for centuries along the southeast coast of China. It also happened to the buccaneers and privateers who worked in the logwood industry of Honduras. After the Peace of

Utrecht, the Spaniards destroyed their livelihood, leaving them to starve or join one of the pirate crews that sailed the Caribbean.

For many centuries Europe was plagued by wars interspersed with times of peace. When at war, nations recruited men to serve in their navies. When peace came, these same men were forced to find other employment or die of starvation. Those who knew only the trade of sailing often turned to piracy. Such was the case following the War of the Spanish Succession. Prior to the cessation of hostilities, the Royal Navy employed 53,000 men. With peace at hand, they dismissed 40,000 of those seamen.

At about this same time (1715-1725),

there was an upsurge in piracy along coasts bordering the Atlantic Ocean. Most English-speaking pirates came from the Royal Navy, merchant ships, and privateers. Between 1716 and 1718 there were 1,800-2,400 pirates. By 1726 those numbers dropped to 1,000-1,500 pirates.

That's not to say all men who turned to piracy did so willingly. When pirates captured a ship, they either killed those lacking the seamanship skills or put them ashore. Able-bodied seamen, however, especially those who possessed a specialized skill (surgeons, carpenters, coopers, musicians) had no such option. Pirate crews always needed men familiar with ships and the sea, and so forced them to join in their nefarious trade. During the Golden Age of Piracy, many pirates who sailed in Caribbean waters were "forced men."

Whether willing or not, pirates hailed from many nations. While most were illiterate and came from poor families, some – like Stede Bonnet and Dr. John Hinchey – were educated gentlemen. During the 17th and 18th centuries, the average pirate prowling the Caribbean was in his twenties. Few pirates plied their trade for more than ten years. The more famous, like Blackbeard and Captain Kidd, were pirates for no more than two or three years. Only a small number lived long enough to enjoy their ill-gotten wealth.

— Cindy Vallar, Editor of *Pirates and Privateers*.

Visit Cindy's Website at: [/www.cindyvallar.com/pirates](http://www.cindyvallar.com/pirates) •





No Discipline

No Discipline has been performing music from the Caribbean — along the Jersey Shore — since 1983. Mike Bazaz and his brother started it all and have been very lucky to have many great musicians join the band. “We always have a lot of fun and plan on being around for a long time!” said Mike. The band was formed by Mike and Al Bazaz, with Al on lead guitar and vocals, along with his brother Mike on rhythm guitar and vocals. They are currently joined by many different musicians including: Chris Joshua on bass guitar, Selah Jendayi on the hoova, antar and fuzzy rob, and Don Newby, Justin Derman, Joe Frullaney, Craig Redmond — all on drums.

“I love that we play our original songs, as well as cover songs. Reggae Music has a positive message and is great to dance to,” said Mike.

No Discipline shows include nightclubs, town concerts, colleges and private parties of all types. Check out Nodiscipline.Com, or call their hotline at (201) 391-4073. — *Pete Milnes* • Pg. 28, NJ Shore Life



Shore musician Paul Cilinski's new original song. Check out paulcilinski.com for more info.

When the Walls Come Down
By Paul Cilinski

I've been thinking about you from the first time that we met
When I saw that smile of yours, is something I can't forget
But when I looked a little closer, I did realize.
I saw a certain sadness that was hidden in your eyes.

But you've built yourself a fortress where no one gets inside
And these walls I cannot penetrate the emptiness you hide
But when it comes to you darling, I will always stand my ground.
And maybe someday I'll be with you when the walls come down.

I know your hearts been broken cause I can feel your pain
It's enough to rip our insides out, where you never are the same.
And life can be so crazy and life can be so hard
Let me take away that ache that's tearing you apart

But you've built yourself a fortress where no one gets inside
And these walls I cannot penetrate the heartache that you hide
But when it comes to you darling, I will always stand my ground.
And maybe someday I'll be with you when the walls come down.

Sometimes you find comfort in those young boys late at night.
But they can't give you the happiness that you seek to find.
So let me in darling, you know my heart is true.
And I'll capture that special place that's deep inside you.

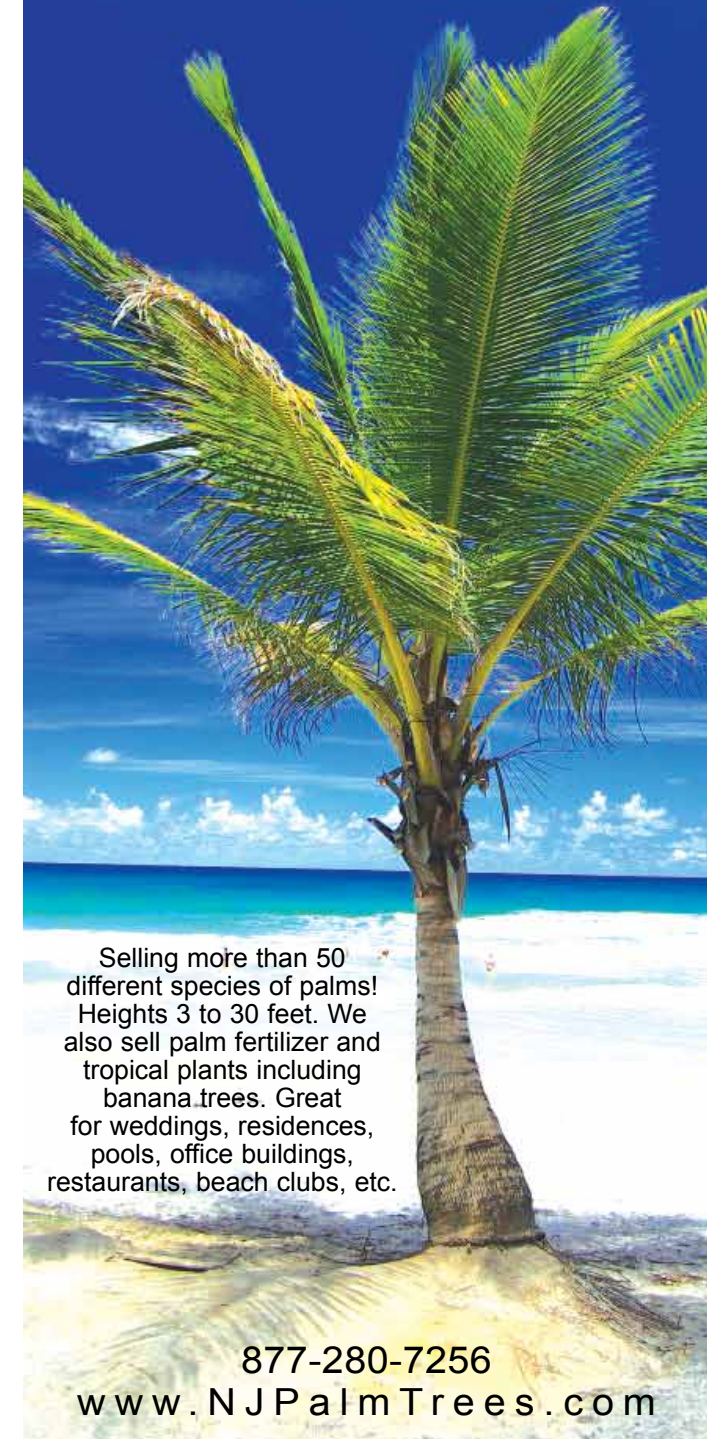
But you've built yourself a fortress where no one gets inside
And these walls I cannot penetrate the loneliness you hide
But when it comes to you darling, I will always stand my ground.
And maybe someday I'll be with you when the walls come down.

Let me be your knight in shining armor, and I'll conquer all your fears.
I'll put that smile back in your eyes and wipe away the tears.
And maybe someday darling if it's written in the stars,
I will be that special man who loves you for who you are.

And I'll rescue you from that fortress, if you let me come inside.
And I'll break down those walls and erase the sadness that you hide.
Cause when it comes to you darling, I will always stand my ground.
And I'll always be with you when the walls come down.

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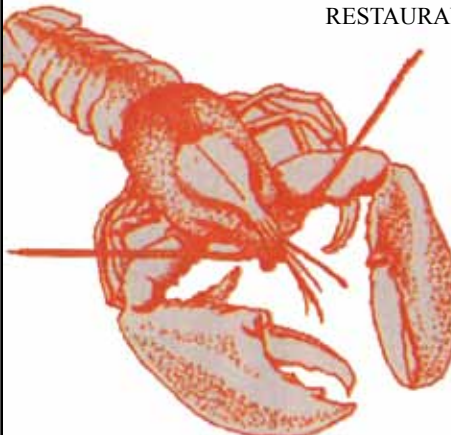
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The Bahama Room, Oasis Room, and Pineapple Room are waiting for you. What are you waiting for? — **Pete Milnes photos & Text** •

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